

# Resilience Accreditation

4 sessions of 4.5 Hours each



Naman in partnership with PSI brings the highly acclaimed Resilience Practitioner Accreditation!

Why Resilience?

Highly resilient employees are:

**43%**  
more  
productive

**47%**  
more engaged at  
work

**2X**  
as likely to stay at their  
current organization

This course is aimed at providing the required information and experience to interpret results and provide feedback on the Resilience Questionnaire™.

## About the Resilience Questionnaire™ (RQ)

- Focuses on individual's psychological resilience, patterns of thinking and behaviour
- Norm based individualised report on 8 core components of resilience
- Integrates PSI's thrive model of resilience
- Generates insightful reports about an individual's resilience

## Applications of the Resilience Questionnaire™

- Coaching
- Redeployment, restructure, and downsizing
- Organisational change
- Potential identification and development
- Selection
- Management and leadership development

## The internationally acclaimed accreditation encompasses

- Understanding the importance of resilience in the workplace
- The key features of PSI's The Resilience Questionnaire™ and its 8 components
- Interpreting an individual's resilience profile
- Practice feedback sessions on individual's resilience profile

## Your take away

- Your individual resilience profile
- Related reference material
- The Resilience Questionnaire™ reports at discounted rates
- Inputs and training from experts trained by PSI, UK
- Internationally recognized certificate

## Who should attend?

- Psychologists
- HR and L&D professionals
- Freelancer and Independent practitioners/consultants in the areas of coaching, development etc.
- Recruiters